

# STUDENT SAFETY PLAN

## Suicide Prevention Protocol

I, \_\_\_\_\_, a student at Lava Ridge Intermediate School take responsibility for my safety. I agree not to harm myself in any way. I understand that if I'm having suicidal thoughts, I will talk to a trusted adult. I understand that I can call one of the following phone numbers for help.

- 911-Emergency
- 988- Mental Health Emergency
- 435-634-5600- Southwest Center
- Safe UT App-Crisis Counseling
- Gila Helpline-1-435-414-0404
- Your Family Doctor



I will get help from a trusted adult immediately.

At school: \_\_\_\_\_

\_\_\_\_\_

Outside school: \_\_\_\_\_

\_\_\_\_\_

I agree not to take any alcohol or drugs.

I could also do this:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
School Counselor Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date